

Miss you in my arms IV

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Music: Joana Zimmer CD: My Innermost, Track 11, Speed: + 5 %
Track available for download at www.saturn-download.de,
www.legalsounds.com and others
Rhythm/Phase: **Rumba Phase IV+1+0+1 (Cuddle, Circular Serpiente)**
Sequence: **Intro-A-B-B-Inter-A-B-Bdg-C-B-End**
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Intro

1-2 WAIT; WAIT;

1-2 In BFLY WALL wait; wait;

Part A

1-4 ½ BASIC; FAN; HOCKEYSTICK;;

- 1 BFLY fwd L, rec R, sd L, -;
- 2 Bk R, rec L, sd R (W fwd L, trn LF step sd & bk R making ¼ trn, bk L leaving R extended fwd with no weight), -;
- 3-4 Fwd L, rec R, raising jnd ld hnds high cl L to R (W cl R to L, fwd L, fwd R in frnt of M), -;
rk bk R trng slightly RF, rec L, sd & fwd R twd DRW (W fwd L RLOD toeing out, fwd R DRW trng LF under jnd ld hnds to fc M, bk L), -;

5-8 OP BRK; CRAB WALK; RK SD REC X; CRAB WALK;

- 5 Strong apt L to LOP fcg extend M's R & W's L hnds up along sd of face then trng palm twd RLOD, rec R lower free hnd to BFLY, sd LOD L, -;
- 6 Maintaining BFLY pos XRIF of L (both XIF), sd L, XRIF of L (both XIF), -;
- 7 Rk sd LOD L, rec R, XLIF of R (both XIF), -;
- 8 Sd R, maintaining BFLY pos XLIF of R (both XIF), sd R, -;

9-12 NEW YORKER; NEW YORKER; LARIAT HE TRN TO LOD; PROGRESSIVE WALK;

- 9 Trng RF (W LF) to LOP RLOD rk fwd L, rec R trng LF (W RF) to BFLY WALL, sd LOD L, -;
- 10 Trng LF (W RF) to ROP LOD rk fwd R, rec L trng RF (W LF) to BFLY WALL, sd RLOD R, -;
- 11 Rk sd LOD L raising M'S L & W's R hnds to allow W to commence circle arnd M, rec R, trng ¼ LF to fc LOD step fwd L (W circle RF arnd M passing rt shoulders R, L, R) ending in LOP LOD, -;
- 12 Fwd LOD R, L, R, -;

13-16 LADY ROLL ACROSS; RK THRU REC LADY POINT; CIRCULAR SERPIENTE;;

- 13 Small step fwd L, R, L (W roll RF across across M R, L, R) to end in OP LOD, -;
- (QQ--) 14 Rk thru R, rec L, sd R (W point L) to BFLY, -;
- 15-16 Both with L foot thru commence LF trn, sd R continue trn, behind L, fan R CW together 3/8 of a trn; behind R commence RF trn, sd L continue trn, thru R, fan L to WALL together 3/8 of a trn;

17-18 OPPOSITE FENCE LINE; SPOT TRN LADY in 4;

- 17 Both with L foot Lunge thru RLOD (W LOD), rec R, sd LOD L (W RLOD), -;
- (QQQQ)18 Both XRIF of L commence LF trn, rec L cont trn to fc ptr, sd RLOD R (W additional step L) to BFLY WALL, -;

Part B

1-4 START CHASE PEEK A BOO; PEEK 2X;; WHIP THE LADY ACROSS:

- 1st, 3rd and 4th time starting fc WALL and ending fc COH.
2nd time starting fc COH and ending in cl pos fc WALL.
- 1 Fwd L trn ½ RF, rec & fwd R, cl L to R (W bk R, rec L, fwd R), -;
 - 2 *Rk sd R peek over L shoulder, rec L, cl R
(W rk sd L right hd fwd L hand up palm out, rec R, cl L arms down),-;
 - 3 Repeat measure 2 with opposite hand & footwork
 - 4 Join trail hds bk R twd Lady, rec L, sd R (W fwd COH L stepping across M commencing LF trn, fwd & sd R cont LF trn to fc partner, sd L), -;
- * option for both: same handwork but opposite footwork left hand fwd R hand up palm out,- arms down; opposite hands on measure 3 do not drop right hands

5-8 AIDA; SWITCH ROCK; SPOT TRN; FENCE LINE:

- 5 Thru LOD L, sd R trng LF trn, back L to V-back to back position, -;
 - 6 Trng RF to fc partner sd R, rec L, sd R, -;
 - 7 XLIF of R commence RF trn (W LF trn both XIF), rec R cont trn to fc ptr, sd RLOD L to BFLY COH, -;
 - 8 Lunge thru RLOD R, rec L, sd LOD fc COH, -;
- 2nd, 3rd and 4th time to end in cl pos.

Inter

1-3 CUDDLE 2X;; SD DRAW CL:

- 1 Sd L lead Woman to open up, rec R, cl L (W trn RF ½ step bk R stretch R arm out, rec L, fwd R trng ½ LF to cl placing R hd on Man's L shoulder), -;
- 2 Sd R lead Woman to open up, rec L, cl R (W trn LF ½ step bk L stretch L am out, rec R, fwd L trn ½ RF to cl placing L hd on Man's R shoulder), -;
- 3 Sd L, draw R to L, cl R, -;

Bridge

1-2 CUDDLE 2X;;

- 1-2 see Inter measures 1-2 but fc COH

Part C

1-4 BACK BRK TO ½ OP; L ROLL ACROSS; M ROLL ACROSS; L ROLL ACROSS:

- 1 fc COH Trn ¼ LF on R foot step bk L to ½ open, rec R, small fwd L to RLOD, -;
- 2 Small fwd R, small fwd L, small fwd R (W step fwd L turning LF ½ to fc Man, step fwd R turning LF ½ to L ½ open, step fwd L), -;
- 3 Step fwd L turning LF ½ to fc Woman, step fwd R turning LF ½ to ½ open, step fwd L (W small fwd R, small fwd L, small fwd R), -;
- 4 See Part C measure 2

5-8 SPOT TRN; CRAB WALK 6;; SPOT TRN:

- 5 XLIF of R commence RF trn, rec R cont trn to fc ptr, sd LOD L to BFLY WALL, -;
- 6 Maintaining BFLY pos XRIF of L, sd L, XRIF of L, -;
- 7 sd L, XRIF of L, sd L, -;
- 8 XRIF of L commence LF trn, rec L cont trn to fc ptr, sd RLOD R to BFLY WALL, -;

9-12 ALEMANA TO L HD STAR;; START UMBRELLA TRN;;

- 9 Rk fwd L, rec R, cl L to R leading W to trn RF (W bk R, rec L, sd & fwd R), -;
- 10 Bk R, rec L, sd & fwd R turning ¼ RF to fc RLOD left palm up (W fwd L trn RF undr jnd ld hnds, cont RF fc turn forward R, fwd L cont RF trn to fc LOD to L hd star), -;
- 11 Fwd L, rec R, bk L (W bk R, rec L, fwd R trn ½ LF), -;
- 12 Bk R, rec L, fwd R (W bk L, rec R, fwd L trn ½ RF), -;

13-16 CONTINUE UMBRELLA TRN TO FC;; BASIC;;

- 13 See Part C measure 11
- 14 Bk R, rec L, fwd R trng ¼ to fc wall (W bk L, rec R, step fwd L trn ¼ LF to fc Man), -;
- 15 Fwd L, rec R, sd L, -;
- 16 Bk R, rec L, sd R, -;

17-18 SIDE WALK 6;;

- 17 Sd L, cl R, sd L, -;
- 18 Cl R, sd L, cl R, -;

End

1-4 CUDDLE 2X;; HIP ROCK 3; ½ BASIC BACK TO L ½ OPEN FC LINE;

- 1-2 See Inter measure 1-2 fc COH;;
- 3 Rk sd & bk L with hip action, rec R with hip action, rk sd L with hip action, -;
- 4 Bk R, rec L, sd & fwd R trn ¼ RF to L ½ op fc LOD (W fwd L, rec R, sd & fwd L trn ¼ LF to L ½ op fc LOD), -;

5-8 L ROLL ACROSS; PROG WALK 3 TO FC; SD DRAW CL; STEP SIDE & EMBRACE;

- 5 Small fwd L, small fwd R, small fwd L (W step fwd R turning RF ½ to fc Man, step fwd L turning RF ½ to ½ open, step fwd L), -;
- 6 Fwd R, fwd L, fwd R trng to fc prtner & WALL, -;
- 7 Sd L, draw R to L, cl R to L, -;
- S-- 8 Step sd L, and embrace as you lower head (W step sd R, and embrace as you lower head to M's chest), -;